Any time is a good time for pura vida.

Your year-round destination.







R= BEACH TIME * ļ SURFING * ß FISHING AQUATIC SPORTS ~ WHITE-WATER RAFTING KAYAKING WHALE WATCHING TURTLE WATCHING WATERFALL*

		HIKING *
	1000	ZIP LINING *
1 1		BIRDWATCHING
i¢	(N)	HOT SPRINGS *
	K	RAINFOREST VISITS *
/	E.J	WILDLIFE TOURS *
		VOLCANO EXPLORATION *
i		CULTURE *
	Se la companya de la	WELLNESS *

*AYR (ALL YEAR ROUND ACTIVITIES).

		1
	DRY SEASON	GREEN SEASON
REGION	DECEMBER-APRIL	MAY-NOVEMBER
GUANACASTE	P & A &	
PUNTARENAS	E se C &	
CENTRAL PACIFIC		A C D
SOUTH PACIFIC	1 C P ¢	
CARIBBEAN		
NORTHERN PLAINS		B B S S
CENTRAL VALLEY		



SPECIAL EVENTS

FEBRUARY Fiestas de Puerto Soley SEPTEMBER Liberia's Cultural Week OCTOBER Nautical Festival of Nicoya **NOVEMBER** Sabanero Day

Guanacaste Region

TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Beach time at Tamarindo, Playa Grande, Playa Conchal, and Nosara.
- Fishing and diving at the Catalinas Islands.
- Volcanic and hot springs trails in Rincón de la Vieja National Park.
- Turtle observation in the Ostional National Wildlife Refuge.
- Visits to hot springs in Guayabo de Bagaces.
- Visit heritage buildings such as the Casona de Santa Rosa and the White City of Liberia.

TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Kayaking through the mangroves of the Gulf of Papagayo.
- Turtle watching at Ostional National Wildlife Refuge.
- Birdwatching in Palo Verde National Park.
- Hiking and zip lining through Rincón de la Vieja Volcano National Park.
- Rural Tourism.

*** Visiting National Parks is recommended in the mornings at this time.







Puntarenas Region

TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Zip lining through Monteverde Cloud Forest.
- Sport fishing for marlin and tuna.
- Bird watching at Negritos, Pajaros, Cabo Blanco, Carara and Curu.
- Beach time at Montezuma, Santa Teresa, Playa Jaco and Playa Hermosa.
- Visit the San Lucas Island National Park.
- Rural tourism.

• Bioluminescence tour, which can be observed on some beaches in the Gulf of Nicoya.

TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Hiking in Monteverde Cloud Forest.
- Turtle watching at Tortuga Island.

• Pacific Marine Park, aquarium and marine conservation center.

- .• Learn about the maritime history of Puntarenas by visiting the Marine History Museum.
- .• Take a walk along the tourist promenade to the lighthouse.
- .• Rural tourism.

SPECIAL EVENTS

FEBRUARY Puntarenas Carnival MAY Sol y Arena Beach Run OCTOBER Nautical Festival of Nicoya



Central Pacific Region

TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Beach time at Herradura Beach.
- Boat tours to see reptiles at Herradura Beach.
- Birdwatching in Carara National Park.
- Sport fishing in Quepos
 - O Sailfish
 - O Marlin
 - ^o Roosterfish

TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- White-water rafting on the Savegre and Naranjo rivers.
- Fly fishing in Trout Valley.
- Wildlife tours in La Amistad Pacífico Conservation Area.
- Hiking in Manuel Antonio National Park
- Exploration of tropical forests.

SPECIAL EVENTS

MARCH Carnival and Festival del Mar





South Pacific Region

TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Beach time and aquatic sports at Dominical Beach and Uvita Beach.
 - ^o Snorkeling
 - O Scuba diving
 - ^o Surfing
 - ^o Fishing
- Sport fishing for marlin and dorado.
- ATV tours around Dominical.

TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Hiking through Corcovado National Park.
- Kayaking in Ballena National Marine Park.
- Turtle watching on Osa Peninsula
- Birdwatching in Carate and Puerto Jiménez.
- Whale and dolphin watching at Ballena National Marine Park.

SPECIAL EVENTS

JANUARY AND FEBRUARY Fiesta de los Diablitos FEBRUARY Chirripó Mountain Race **FEBRUARY/MARCH** Envision Festival in Uvita DECEMBER 31-JANUARY 2 Danza de los Diablitos



Caribbean Region

TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Beach time and aquatic sports at Puerto Viejo, Playa Cocles, and Punta Uva.
 - ^o Snorkeling
 - ^o Scuba diving
 - ^o Surfing
 - ^o Fishing
- Wildlife tours at Cahuita National. Park and Gandoca-Manzanillo National. Wildlife Refuge
- Sport fishing off the coast.

TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Turtle watching at Tortuguero National Park
- White-water rafting on the Pacuare River
- Hiking at Cahuita National Park and Gandoca-Manzanillo National Wildlife Refuge
- Tour chocolate farms

SPECIAL EVENTS

SUMMER International Calypso Festival in Cahuita

OCTOBER Limón Carnival



Northern Plains Region

TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Wildlife tours in the Caño Negro Wildlife Refuge and Arenal Volcano National Park.
- ATV tours around Arenal Volcano
- Hot springs at Arenal Volcano National Park.

TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Wildlife tours at La Selva Biological Station and Trimbina Biological Reserve.
- Birdwatching around Arenal Volcano
- White-water rafting on the Sarapiquí River.
- Enjoy the hot springs all year round.

• Take walks on hanging bridges in Sarapiquí and La Fortuna.

SPECIAL EVENTS

MAY Sarapiquí Tourist Fair

OCTOBER Upala Corn Festival **NOVEMBER** Forest and Cattle Festivals in San Carlos



Central Valley Region

TOP ACTIVITIES IN DRY SEASON (DEC TO APR)

- Visit San José
 - Museums
 - Theaters
 - Central Market
- Volcano excursions at Poás Volcano and Irazú Volcano.

TOP ACTIVITIES IN GREEN SEASON (MAY TO NOV)

- Tour chocolate farms.
- Wildlife tours in Braulio Carrillo National Park.
- Hiking around in the mountainous areas.

SPECIAL EVENTS

JANUARY Fiestas de Palmares **MAY** National Coffee Fair

DECEMBER Festival of Lights **DECEMBER** Fiestas de Zapote